

# SYDNEY BOWMAN



Sydney Bowman was born in Salt Lake City, Utah and loved to draw. Her mother, being an artist as well, provided Sydney proper artist tools and supplies to experiment with at a very early age. Her talents developed quickly, so much so that Sydney started teaching arts and crafts at 13 in a middle school and by the age of 15 was providing drawing lessons at a community center.

Though highly sought after for commissions and teaching, Sydney continued her passion for art through High School and College receiving full scholarship offers to *Utah State University*, *Snow College*, and *Brigham Young University*. She received her BFA from BYU and has been featured in several shows and received numerous awards. She has been represented by *Tivoli Gallery* in Salt Lake City, UT, *Herb Smalley's Canyon Collection* in Santa Fe, NM, *Left Bank Gallery* in Salt Lake City, UT, and currently is with *Iao Gallery* in Salt Lake City, UT.

Sydney has been teaching privately and for BYU since 1992. She teaches all mediums, styles, and subject matters according to the desires of the student, whom she coaches and mentors.

Sydney's current main subjects are large format still-life pieces which deal with fruits, vessels, glass (for the properties of light, reflection, refraction, diffraction, distortion and dimension) and color, coordinating with the chakras, color healing and therapies, color psychology, and synesthetic experience. Sydney "tastes" color and wants others to have a deeper, multi-sensory experience to the aesthetics of life. By doing so, she believes they not only live and sense more fully but also respond more wholly and thereby resonate to a higher universal energy that constantly bathes us and enriches us, trying to teach us to release ourselves from lower to higher. By "eating" rich color and harmonizing with each color, we begin to realize "As above, so below."

*"I want to teach people how to see beauty through color once again and learn how to sense it through all the senses, particularly taste. I want people who see my art to feel fully alive and bathed in divinity."*

*-Sydney Bowman*

**IAO GALLERY**

511 We. 200 So. Salt Lake City, Utah 84101  
801.336.0924